

# 2005

## WHITEWATER

### WEBELOS CAMP



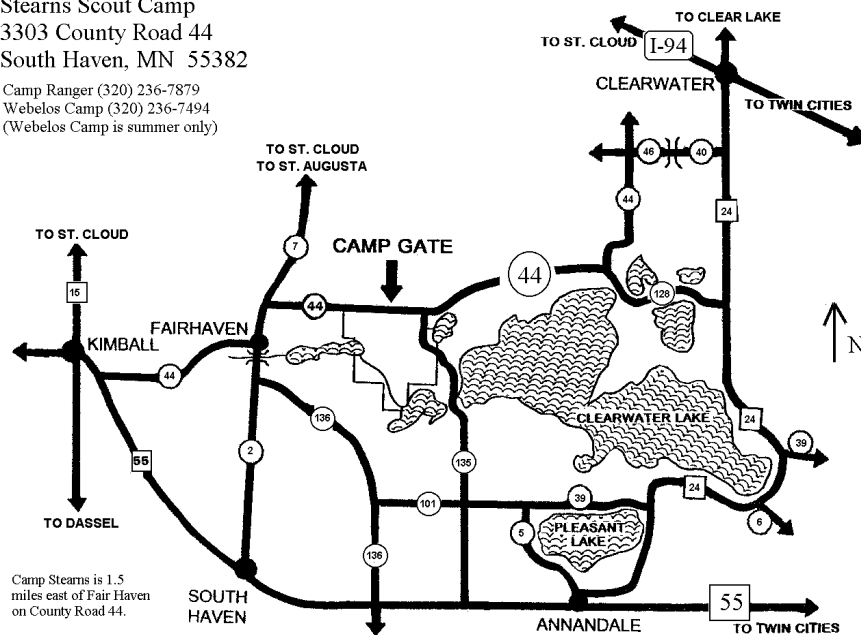
VIKING COUNCIL, BOY SCOUTS OF AMERICA  
WEBELOS CAMPING DEPARTMENT  
5300 Glenwood Avenue  
Minneapolis, Minnesota 55422  
(763) 545-4550

**VIKING COUNCIL**  
**BOY SCOUTS OF AMERICA**

## MAP TO CAMP STEARNS

Stearns Scout Camp  
3303 County Road 44  
South Haven, MN 55382

Camp Ranger (320) 236-7879  
Webelos Camp (320) 236-7494  
(Webelos Camp is summer only)



## SUGGESTED EQUIPMENT LIST FOR WEBELOS AND LEADERS

(All personal items should be marked with the initials of the Webelos Scout)

- |   |   |
|---|---|
| <input type="checkbox"/> Uniform                          | <b>Optional:</b>                                    |
| <input type="checkbox"/> Sleeping bag                     | <input type="checkbox"/> Camera and film            |
| <input type="checkbox"/> 4 changes of underwear           | <input type="checkbox"/> Stamps and envelopes       |
| <input type="checkbox"/> 5 pair of long socks             | <input type="checkbox"/> Watch                      |
| <input type="checkbox"/> Swim suit and towel              | <input type="checkbox"/> Canteen                    |
| <input type="checkbox"/> Jacket/sweater                   | <input type="checkbox"/> Religious materials        |
| <input type="checkbox"/> Rain gear                        | <input type="checkbox"/> Pocket knife (see page 4)  |
| <input type="checkbox"/> Pair of shoes                    | <input type="checkbox"/> Money for Trading Post     |
| <input type="checkbox"/> Extra boots/shoes                |   |
| <input type="checkbox"/> Sleep clothes                    | <b>Leader Suggestions:</b>                          |
| <input type="checkbox"/> Long pants                       | <input type="checkbox"/> Clip board                 |
| <input type="checkbox"/> Shorts                           | <input type="checkbox"/> Alarm clock                |
| <input type="checkbox"/> Shirts                           | <input type="checkbox"/> Fels naphtha soap          |
| <input type="checkbox"/> Toothbrush and toothpaste        | <input type="checkbox"/> 2 plastic tablecloths      |
| <input type="checkbox"/> Soap                             | <input type="checkbox"/> Clothes line               |
| <input type="checkbox"/> Washcloth                        | <input type="checkbox"/> Coffee pot (not electric)  |
| <input type="checkbox"/> Comb                             | <input type="checkbox"/> Coffee                     |
| <input type="checkbox"/> Knife, fork and spoon            | <input type="checkbox"/> Pot holders                |
| <input type="checkbox"/> 1 Plate and bowl per person      | <input type="checkbox"/> Dish towels                |
| <input type="checkbox"/> Dirty clothes bag                | <input type="checkbox"/> Material for Den Site Flag |
| <input type="checkbox"/> Hat                              |   |
| <input type="checkbox"/> Webelos Handbook                 | <b>Please DO NOT bring:</b>                         |
| <input type="checkbox"/> Mosquito repellent (non-aerosol) | <input type="checkbox"/> Aerosol cans of any kind   |
| <input type="checkbox"/> Flashlight                       | <input type="checkbox"/> Radios, tape players, etc. |
| <input type="checkbox"/> Spare batteries                  | <input type="checkbox"/> Axes                       |
| <input type="checkbox"/> Pencil and notebook              | <input type="checkbox"/> Gas lanterns               |
| <input type="checkbox"/> Pillow                           | <input type="checkbox"/> Sheath knives              |
| <input type="checkbox"/> Sun screen                       | <input type="checkbox"/> Alcohol                    |

\*\*\*Bring Den Flag\*\*\*

OR

\*\*\*Materials to make a Densite Flag\*\*\*

## LEADERSHIP GUIDELINES

As stated at the beginning of this handbook, the *den leader* has the most important role in camp. The following tips may be valuable toward understanding the expectations associated with being a Webelos Camp adult leader.

1. **First, and most importantly**, the staff is ALWAYS available for help (regardless of the situation). Whenever necessary or desired, utilize the staff for problems big and small. ***The staff is NEVER too busy to help!***
2. Supervise your den at all times. You are responsible for their welfare and should make every effort to assure their physical and emotional health. Employ the highest standards necessary to insure a safe and enjoyable outdoor experience.
3. Be sure that all people that are attending camp have the necessary personal gear, *especially rain gear and a change of footwear*. In addition, it is advised that you bring games or other activities in case the weather does not cooperate with camp programming.
4. Understand the program and guide the den through activities. Be on time and accomplish tasks in an enjoyable manner. In guiding your den, remember that Webelos Camp is not a military institution, so lead - do not command.
5. Be the “guardian chef” at meal times. This simply means, “you taste - they stir.” Ensure proper meal preparation, serving and clean up.
6. Remember, when you are at camp you are a Scout leader first, a parent second.
7. Be sensitive to problems. Many of the Scouts will be away from home for the first time and might develop homesickness. Some Scouts may at first experience discomfort with the strange wilderness. Physical and/or verbal confrontations may develop. To all these and many other problems that may develop, be patient, fair, listen, and resolve problems together.
8. Allow the staff to do their job while working with your den. Adult leaders are encouraged to participate, but do not dictate camp programming. The beach and the ranges are not areas under your control. If there is a problem with a staff member it should be brought to the attention of the Camp Director and action will be taken.
9. Share your observations and ideas on the program and den activities. Everyone has something to offer and your ideas are valuable to us!
10. **Remember the example you set!** Maintain a positive role model. We strongly discourage smoking in front of Scouts as well as swearing, displays of anger and un-sportsman like conduct. Furthermore, camp rules and policies have been carefully designed over time, and most are National BSA regulations. We do not develop rules and policies arbitrarily, and will gladly explain their purpose in camp. Your cooperation and aid in maintaining the rules and policies of camp is expected and required to be a positive role model to your Scouts and a participant at Webelos Camp.
11. The program activities provide information, not always a “total” experience. It is suggested that leaders monitor their Webelos daily to ensure their preparedness or learned information.
12. Be aware of medical needs. The staff will also be aware, however this information should NOT be shared with all.
13. The camp has a trading post that contains some camping supplies, T-shirts, hats, etc. “Confections” are also available for those with a “sweet-tooth,” but these should be an occasional treat - not an additional meal. The staff will monitor the amount of candy purchased by Scouts, but your assistance will help greatly!
14. ***Enjoy camp! Your efforts will make a difference in the life of a boy. SMILES and HAPPY Webelos Scouts will reward your efforts!***

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This Handbook provides important information intended to prepare units for a safe and enjoyable Webelos Camp experience. It is **STRONGLY RECOMMENDED** that **ALL** adult leaders read this handbook prior to attending camp. Please pass a copy of this handbook to **ALL** leaders attending camp!

### ABOUT CAMP STEARNS

Camp Stearns is located near Fairhaven, Minnesota, bordering Lake Caroline, Clearwater River and Lake Augusta. It contains 1200 acres of open field, forest, and marshes making it an ideal setting for outdoor activities.

The camp, originally called "Heritage", was opened in 1968 after several property purchases, most notably from the daughter of George Crosby. George Crosby was a well-known naturalist, donor, Scouter and owner of WCCO. Crosby Lodge is named after him and was given to the camp by his family.

Since 1968 construction and development of outdoor facilities have resulted from the efforts of numerous individuals and volunteer groups and donors. There are currently five different camp areas that are used year round by districts, Order of the Arrow chapters, Camporalls and various training programs including, Wood Badge, Pine Tree, and Webelos Camp.

Over the years many different activities have been staged at Camp Stearns. The all-season accessibility and program is widely used by over 10,000 Scouts and Scouters yearly. It is our hope that during your stay you'll have the opportunity to fully appreciate the beauty of this valuable resource that we call Camp Stearns.

Viking Council welcomes you to your camp!

**TAKE ONLY MEMORIES,  
LEAVE ONLY FOOTPRINTS BEHIND.**

The following is a SAMPLE program schedule (your schedule will be based on the program choices your densite selects, and will be provided for you at the evening leaders meeting on check-in day).

#### Day 1 - Check-in Day:

12:00	Check-in	11:45	Pick up food
2:00	Orientations: Beach, Boating, Archery & B.B.	12:00	Lunch
4:45	Pick-up Food	1:15	Boating
5:30	Dinner	2:15	Bouldering Wall
7:30	Assembly	3:15	Den time
7:45	Wide Game/Leaders Meeting	4:15	*Geologist
9:30	Campfire	5:00	Pick up food
10:00	Quiet time	5:30	Dinner
10:30	Lights out	7:00	Assembly
		7:15	Opportunity Time
		9:00	Programs areas close
		9:15	Densite campfires
		10:00	Quiet time
		10:30	Lights out
			<u>Day 4 - Check-out Day:</u>
		7:15	Pick up food
		7:45	Breakfast
		8:45	Assembly
		9:00	*Forester
		10:00	Field Archery
		11:00	*Camp First Aid
		11:45	Pick up food
		12:00	Lunch
		1:15	Den time
		2:15	Free swim
		3:15	*Basic Compass
		4:15	*Geologist
		5:00	Pack up/Clean up
		6:00	Greet guests/family dinner
		7:00	Closing program

#### Day 3:

7:00	Wake-up
7:15	Pick up food
7:45	Breakfast
8:45	Assembly
9:00	*Forester Activity Badge
10:00	Adventure Tail
11:00	Range

**Opening Campfire:** A chance to meet the staff and share in some fun activities to start off the session.

**Closing Program:** Immediately following the closing Family Night dinner, densites will participate in the closing program by performing a skit.

**Super Den:** By meeting the following requirements each den can earn the Super Den award while at camp. Super Den awards will be presented at the closing program. "Do your best" and go for it!

- Be on time for assemblies
- Sing or say grace at every meal
- Earn at least one Activity Badge (or Wisdom Program) per Webelos Scout
- Do a den skit at the closing Family Night program
- Conduct at least one evening densite campfire
- Pass at least one densite inspection
- Have a den cheer or yell--do at all assemblies
- Carry a garbage truck (trash bag) with you on all den excursions
- At least one leader attend the Safe Swim Defense session
- Be consistently kind and courteous to everyone at camp
- Demonstrate cheerfulness, thriftiness and helpfulness
- Be trustworthy, loyal and friendly
- Be brave, live and think cleanly

### **WEBELOS CAMP SAMPLE PROGRAM CHOICES**

Please note that this is a SAMPLE program choice sheet. In accordance with our ongoing aim toward creative program development, other programs may be made available when you arrive at camp.

**ADVANCEMENT CHOICES:** Check any *two* of the following:

Activity Badges:

- Naturalist
- Geologist
- Forester
- Wilderness Wisdom (extension of Naturalist-Forester)
- Woodsman Wisdom (extension of Outdoorsman)

**STAFFED OPTION CHOICES:** Check *four* of the following:

- Water Safety (requirement 4 of Aquanaut Badge)
- Fire building
- Camp knots
- Camp first aid
- Basic compass
- Camp craft
- Nature special
- Den development activities

### **PURPOSE OF WEBELOS CAMP**

Webelos Resident Camp has been a successful part of Viking Council's Scouting program for many years. The program is designed to prepare Webelos Scouts for future years in Scouting by facilitating den development and stimulating individual growth. The design of the Webelos Camp program provides experiences in all facets of Webelos outdoor activities including camping, nature, aquatics, shooting sports, advancement and den development programming. The aim of the program is to provide a quality outdoor experience built through careful consideration of each Webelos Scout's physical, mental/emotional capabilities, health, safety, respect for each other and respect for the environment. It is the intent of Viking Council and the Webelos Camp staff to give each Webelos Scout, each den, and each adult leader a long remembered quality outdoor experience.

### **WEBELOS CAMP PHILOSOPHY and the ROLE OF ADULT LEADERSHIP**

The success of Webelos Resident Camp is built on the exceptional quality of volunteer Adult Den Leaders and their cooperation with the Webelos Camp staff. Because the staff works in close coordination with each volunteer adult den leader it is important to emphasize our aims so as to combine our efforts toward a quality outdoor experience.

First and foremost, a quality outdoor experience requires coordinated efforts from the camp staff and volunteer adult leaders to assure the highest standards of health and safety. Nothing is more important than the health and safety of each Webelos Scout and adult leader! In addition to our emphasis on health and safety, it is also our aim to provide opportunities that encourage Scouts to:

1. **Stimulate recreational, educational and social interests.** Opportunities will be made available to all Scouts. *Every* Scout should be encouraged to pursue the activities they find enjoyable, be it swimming, archery, nature, cooking, or simply sitting around a campfire and talking with friends.

2. **Work as a team.** Outdoor camping requires cooperation and teamwork. The group has to set up camp, prepare meals, attend and participate in programs as a group. *Each* Scout should be encouraged to work with the group, and *all* activities should aim to include all members of the densite.

3. **Show respect and consideration.** Not only does the den have to work together, but also they have to get along in the process. Scouts should be encouraged to get to know one another, respect each others similarities and differences, show consideration for others at camp, be respectful of the property, facilities and equipment.

4. **Attain a sense of confidence.** At camp, *everyone* is a winner. At no time should Scouts feel like "losers" or "failures." In games and competitions, Scouts should be encouraged to feel proud of their accomplishments, regardless of the outcome!

5. **HAVE FUN!**



## GENERAL INFORMATION

**Location:** Webelos Resident Camp is located at Stearns Scout Camp, 1 ½ miles east of Fairhaven, Minnesota, on Stearns County Road 44 (a map to camp is provided.)

**Uniforms:** Webelos and adult leaders are encouraged to wear the official Scout uniform while at camp; however, “official dress” is **not** required for participation in any camp program. Appropriate times to wear the official Scout uniform include assemblies, evening meals and campfires. During other times dress appropriately for the weather and active outdoor activities. T-shirts with Webelos, pack or den insignias are not only acceptable, but also *preferable* in light of the high level of activity that is involved in the Webelos Camp program.

**Check-In:** Check-in time for your den is 12:00-1:00 p.m. Please do **not** arrive earlier than 12:00 or substantially later than 1:00 p.m. Lunch on check-in day is on your own, so be sure all Scouts have eaten prior to checking in. All units will check in at this time and we will make every effort to check you in as quickly as possible. However, it would be wise to expect some delay during your initial check-in process. Check-in can be made considerably more efficient if you:

- **Arrive together.** Your den’s activities cannot begin until you are all at camp.
- Arrive **in uniform with completed order form** for the den picture (see bottom of this page for more information). (Form for the Den Pictures is included in your informational packet.)
- Arrive with a **completed camp roster** (included in your informational packet).
- Have all **medical forms sent to the Scout Office** by May 7<sup>th</sup> so they will be in the file when you arrive. It is also not a bad idea to retain an extra copy for your unit leader’s records.
- Arrive with a completed reservation **form and fees for the Family Night Dinner** (see bottom of this page for more information). Do **not** include Scouts and adult leaders attending camp in your count or fees, only guests arriving for the closing dinner and program. (Reservation form for the Family Night Dinner is included in your informational packet.)

**Checkout:** Checkout time will be after the program, between 5:00-6:00 p.m. on the last day of camp. All units will be checked out of the campsites, and final departure will be at the conclusion of the Family Night program (you can expect to leave camp about 8:30 p.m.).

**Family Dinner and Closing Program:** After program on your last day of camp, your den will check out of their campsite. The staff will prepare a meal for all campers and guests. A full closing program will follow the meal for all campers and guests.

**Den Pictures:** After your den checks in, a group photograph will be taken. This picture is mounted on cardstock with a picture of the camp staff. These pictures are a great memento of their experience at Webelos Camp.

**Basic Compass:** Basic Compass provides instruction on how to use a compass, and then allows Scouts to use that knowledge on a small scale Webelos Camp compass course.

**Camp First Aid:** Camp First Aid identifies potential hazards associated with the out-of-doors, in addition to basic information on how to treat and react to common injuries.

**Nature Special:** Some staff members have developed special nature skills and abilities. This option takes advantage of the special knowledge of certain staff members. Since Nature Special is personnel and situational based, it is a “grab bag” program and can consist of most anything concerning nature.

**Fire Building:** The Fire Building option provides instruction on how to build and safely use a campfire. This portion is particularly helpful in preparing Scouts for evening densite campfires.

**Den Development Activities:** A trained staff member will present fun and challenging LEAP (Learning Experience Activities Program) activities that require the den to cooperate, work together as a team and communicate with one another.

## CAMP-WIDE PROGRAMMING

Your den is encouraged to participate in all of the following camp-wide programs:

**Assemblies:** Each morning and evening there is a camp-wide assembly that includes a flag ceremony and announcements. Valuable camp information and daily camp activities will be announced at assemblies. All densites are asked to attend all assemblies.

**Treasure Hunt:** At each assembly a clue will be given to find a hidden treasure. Clues will be posted in a designated area. The treasure hunt will continue until the treasure is found.

**Opportunity Time:** On the second and third evening of camp, Scouts will have the opportunity to participate in the program areas of their choice. Scouts may attend all staffed program areas including beach, snorkeling, boating, B.B. guns, archery, campcraft, disc golf, as well as others.

**Densite Campfires:** The second and third nights of camp are your opportunities to sit around your campfire enjoying a time of fun and recognition of accomplishments.

**Densite Inspect-Off:** To encourage pride, cleanliness and good outdoors habits, each densite will be inspected daily. The densite with the highest cumulative inspection score will receive a special camp honor. (This competition is intended to reinforce good camping practices. Excessive competitiveness among densites and un-sportsman-like conduct is self-defeating.)

### THE SELECTED PROGRAM:

Each densite will choose from the following:

**ADVANCEMENT PROGRAMMING:** Trained staff will instruct your den on *two* activity badges of your choice. You may choose among the following:

- A. **Naturalist:** Naturalist activity badge instruction will focus on the skills of observation and appreciation of the wilderness environment. The requirements of the Naturalist Activity Badge center on skills and perspectives, not necessarily the identification of trees, plants and wildlife.
- B. **Forester:** An emphasis will be placed on the identification of common trees and plants of the area. In addition, forester will provide a basic understanding of issues related to the uses of trees and plants as well as issues of conservation.
- C. **Geologist:** Geologist focuses on learning common rocks and minerals of the area and their uses. In addition, Scouts will learn about volcanoes, earthquakes, geysers, and how mountains are formed.
- D. **Wisdom Programming:** If your den has already earned two or more of the badges offered at camp, then you may be interested in our Webelos "wisdom programs." Each of these programs will meet daily, extending knowledge, skills and activities learned in other badges. Two "wisdom" programs are available:
  1. **Woodsman Wisdom:** Woodsman Wisdom is an extension of the Outdoorsman activity badge. Woodsman Wisdom will involve a brief review of the Outdoorsman badge requirements, knot use, how to prevent getting lost in the woods, elementary lashing, and camp craft.
  2. **Wilderness Wisdom:** Wilderness Wisdom is an extension of the Naturalist and Forester activity badges. Wilderness Wisdom will involve nature hikes, plant and tree identification, edible plants, and activities designed to enhance skills of observing and appreciating nature.

*While staff are trained to cover requirements in the boys' book, it is the responsibility of the Webelos Den Leader to evaluate the completion of and sign off on requirements in the Webelos Handbook.*

### OPTION PROGRAMMING

An "Option Program" is one forty-five minute program on a subject of your choice. Options programs allow considerable flexibility in creating a camp program that best meets the interests of your den. Your den can choose among the following programs:

**Water Safety:** The water safety option is designed to provide information for the "on-land" requirement (#6) of the Aquanaut activity badge. This option will generally address the issue of "what to do in the event of a waterfront emergency." (Please note, the Water Safety option is done purely on land and will *not* provide your densite with more time in the water.)

**Camp Knots:** The Camp Knots option instructs Scouts on the typical knots seen and used at camp. Some of these knots include the square knot, half hitch, two half hitches and taut-line.

**Camp Craft:** Scouts will learn elementary camp craft skills and have the opportunity to put these skills to use in building items out of rope, twine, twigs, grass, and timber.

**Mail Service:** Mail will be sent and received once each day. The Webelos Camp mailing address is as follows: (Please note: Because 4<sup>th</sup> grade Webelos Camp operates simultaneously to 5<sup>th</sup> grade Webelos Camp in another area of Camp Stearns, it is important that your mail be address to "Stearns Scout Camp - Camp Whitewater".

Name, Pack #

Stearns Scout Camp - Camp Whitewater

3303 County Road 44

South Haven, MN 55382

**Telephone:** The camp phone number is **(320)-236-7494**. This phone is for administrative and emergency purposes and ***should only be used when absolutely necessary!*** A pay phone is available for out-going personal calls. The pay phone is for the use of adult leaders and Webelos Scouts who are supervised by an adult leader.

**Den Leadership:** Your den's participation at camp requires qualified adult leadership and supervision. A qualified den leader is an adult 21 years of age or older. **National camp policy requires a minimum of two-deep leadership, and Webelos Camp recommends at least one adult for every five boys attending camp.** Although we welcome adult leaders, be aware that campsites and program areas are designed for units that range in size between 10-13 (including adults). The more people occupying a densite the more crowded it will be!

**Firearms:** The camp provides B.B. and archery equipment that meets all state and National BSA requirements and regulations. Webelos Camp shooting sports equipment is appropriate for the use of Webelos Scouts. Personal firearms **cannot** be brought to camp.

**Fireworks:** Fireworks are not permitted in camp.

**Alcohol, Unlawful Drugs and Tobacco Use:** Alcohol and unlawful drugs are strictly prohibited at Webelos Camp. Webelos Camp does not prohibit the use of tobacco, but leaders are **strongly** urged to avoid using tobacco in the immediate presence of the Scouts.

**Pets:** Pets are not permitted at Webelos Camp.

**Knives in Camp:** While knives are not required for any portion of Webelos Camp programming, the staff acknowledges that pocketknives are often an integral part of the outdoor experience. Some leaders desire knives in camp, some prefer the absence of knives in camp, and many are ambivalent to the issue. We suggest that LEADERS make a GROUP decision whether their unit will permit the use of pocketknives in camp. However, the camp staff mandates that pocketknives be used only under adult supervision, and that all carriers of pocketknives hold a current Whittlin' Chip Card (Whittlin' Chip cards will be made available at camp). According to BSA standards, an "approved pocket knife" is a folding knife of open length **less than 6 inches (including handle)**--DO NOT bring sheath knives! Please understand that pocketknives invite cuts, and your cooperation is required to reduce pocketknife injuries.

**FEES:**

**Webelos:** \$95.00 per boy. Complete payment is due in the Scout Office before May 2<sup>nd</sup> along with medical forms.

**Leaders:** \$95.00 per adult leader. Complete payment is due in the Scout Office before May 2<sup>nd</sup> along with medical forms.

**FACILITIES:**

**A. Densites:** Your den will be camping in their own campsite. However, if you have fewer than 10 Scouts, it is likely that your den will be combined with another small group to form one camp den--both units sharing the same campsite. Please note that the number of **Scouts** (not including leaders) will be the critical factor in determining your campsite arrangements

All campers and leaders will be provided a two-person tent and a sleeping mat. Tents will have mosquito netting and a floor. Units are welcome to bring their own tents (however, understand that some tents may be too large for the campsite). If you elect to use your own tent(s), Viking Council is not responsible for any damage that may occur during your stay.

Your den site will also include a picnic table, dining-fly, camp kitchen (complete with all necessary cooking equipment), propane stove, bulletin board and a fire ring. Digging, trenching, raking, and cutting standing brush is prohibited on Scout property

**B. Sanitary Facilities:** A latrine with a washstand is located near your densite. Dens will be assigned on a rotating basis to keep these facilities clean. Showers are available for adult leaders (although at considerable distance from the main lodge).

**C. Food Service:** Food is issued from the commissary before each meal. Each den picks up their food and prepares it in their den site. Each camper must provide their own silverware, plate and bowl; all other cooking utensils and equipment are provided (with the exception of the Family Night Dinner where the staff provides all eating utensils); however, you may wish to bring towels, tablecloths, and extra potholders. To best serve you, it is essential that you contact the camp approximately one week in advance of your arrival if you are aware of special dietary needs. On your last day of camp the staff will prepare and serve the evening meal for campers and guests.

**D. Trading Post:** The trading post will be open at designated times each day. Webelos and leaders may purchase camping items, souvenirs, pop, and snacks. Souvenirs may be purchased at a "souvenir stand" at the closing evening family program.

**E. Equipment Checks:** During check-in, you and a staff member will review all equipment to be certain that you have everything needed. All missing equipment will be promptly issued to you and all damages will be noted. During the check-in the condition of your tents will be thoroughly assessed and all damaged tents will be noted and promptly replaced. During check-out the equipment will be reviewed again. If at check-out substantial new damages appear on your tents, your unit will be charged \$1.00 per inch for rip repairs.

**Field Archery:** Each densite will receive one program session at field archery. Field archery introduces thrill and excitement to the sport of archery. Under supervision, archers will walk a trail, periodically stopping to shoot at varied targets. For safety purposes, all archers will use approved field archery arrows that include a heavy blunt rubber tip.

**Daily LEAP Programming:** Through the years Webelos Camp has developed a series of programs that we refer to as "LEAP". LEAP stands for the **L**earning **E**xperience **A**ctivities **P**rogram, which is an appropriate descriptor. With the aid and guidance of a trained LEAP staff person, LEAP programming places participants into activities, the experience of which is conducive to learning. Each of the following LEAP programs is molded around certain aims--teamwork, cooperation, trust, responsibility, and decision-making are the key group dynamics that LEAP programming emphasizes. More importantly, each of the following LEAP programs have proven themselves to be among the most popular activities offered at camp. LEAP programming is unique to Webelos Camp and can be found nowhere else in Viking Council. We highly recommend that you bring your cameras to these programs!

**Adventure Trail:** For one program period your densite will be scheduled to attend the Adventure Trail. The Adventure Trail is an exciting program that combines fun with problem solving activities. The aim of the Adventure Trail is to place participants into physical puzzles that require teamwork and group cooperation to solve.

**Wilderness Challenge Trail:** Your densite will be scheduled one program period at the Wilderness Challenge Trail. The Wilderness Challenge Trail is a program in which the Scouts are main characters of a story where the group finds themselves lost in the woods. The story is set to a trail, and as the group makes important decisions they follow different trails leading to different conclusions. The focus of the Wilderness Challenge is decision making within a group, listening to one another, and forming a consensus.

**Timber Trail:** Each densite will be scheduled for one session at the Timber Trail. The aim of the Timber Trail is group dynamics that emerge in the process of activities that necessitate a certain amount of trust and responsibility to the rest of the group. The challenges of the Timber Trail are more physically involved, and less thematic than the Adventure Trail and the Wilderness Challenge Trail.

**Bouldering Wall:** Each densite will have the chance to experience Bouldering, a popular new form of recreational climbing, while at camp. Scouts will climb sideways along our new Bouldering wall, as high as head-height, while being spotted by two of their fellow campers. Like all leap activities the purpose of the Bouldering wall is to help the scouts discover within themselves the tools they need for success in life: self confidence, risk taking, recognizing limits, trust in others, and the value of encouragement.

**Den Time:** Each den will be scheduled periods of den time. Den time is free time, allowing an opportunity to relax, explore, work on skills, play games, etc. Upon request, the staff will provide you with the program ideas and activities that can be used during den time. However, regularly scheduled program areas (range, field archery, beach facilities, Adventure Trail, etc.) will not be available for use during den time.

## WEBELOS CAMP PROGRAM

The Webelos Camp program consists of (1) a “core program” of activities that your densite will *automatically* receive, (2) a “selected program” consisting of activities that your densite has chosen to participate in and (3) “camp-wide” programs. The intent of the “core program” is to guarantee each densite receives the most popular programs that are expected and desired at Webelos Camp. The “selected program” includes all the activities your den chooses to participate in. When you arrive at camp you will be given a “program choice sheet” (see sample on page 13), containing all available “selected programs” from which you may choose. The “core program” and “selected program” have been carefully designed to provide a maximum degree of freedom and choice in creating the camp experience that you desire.

The following brief descriptions of Webelos Camp programs will hopefully provide you with enough information to aid in constructing a camp program that best suits your densite interests:

### THE CORE PROGRAM

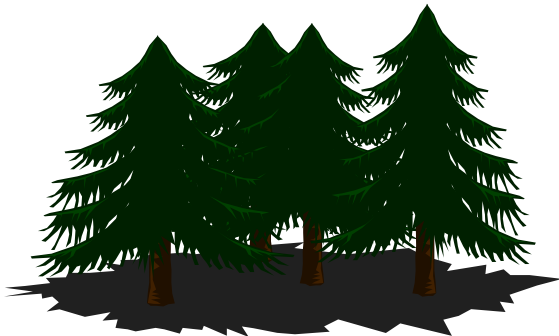
**Each densite will automatically receive each of the following:**

**Free Swim:** Each densite will be given a *daily* free swim at the beach. Densites are free to do as they choose with daily free swims. However, boating and snorkeling equipment will not be available for use at this time.

**Boating:** Each densite will be scheduled for a boating session during their stay at Webelos Camp. During this session Scouts will be provided boating and/or canoeing instruction with emphasis on small boat safety. Our emphasis during your boating session is **not** necessarily to teach all boating skills, but to introduce Scouts to the adventures of safe waterway travels.

**Snorkeling:** Each densite will have one snorkeling period. In this period Scouts will learn how to properly use snorkeling equipment and practice snorkeling skills.

**Range:** Each densite will have two sessions at the range. One session at the archery range and the other at the B.B. gun range. Scouts will receive instruction and shooting experience with emphasis on control and safety under close staff supervision.



**F. Fishing:** The camp does not have fishing equipment available; however, Scouts and leaders are welcome to bring their own. No fishing is allowed in the swimming area and all state fishing regulations apply.

## HEALTH AND SAFETY

**In compliance with the National BSA Webelos Resident Camp standards, no persons can be allowed to participate in the camp program or stay on BSA property without a completed medical form signed by a licensed physician.**

- A. **Medical Exams/Forms:** *Everyone attending camp (Scouts and Adult Leaders) must turn in a medical form to the Scout Office before May 2<sup>nd</sup>.*
- **All Webelos and adults 39 years of age or younger** should use the official BSA form called “PERSONAL HEALTH AND MEDICAL RECORD, Class 1 and Class 2”. This form requires a physical examination every 36 months. If they have had a physical examination within the 36 months prior to attending camp, a copy of that physical can be attached to the BSA form, (If this is the case they need only complete the “Class 1” portion of the form. Any copies you obtain from your clinic/doctor should have the signature of a licensed medical practitioner. If a copy is not available, another examination must be done and signed by the practitioner.
  - **Adults 40 years of age and older** must use the official BSA form called “PERSONAL HEALTH AND MEDICAL RECORD FORM - Class 3”. This form requires a health examination within the 12-month prior to attending camp and signed by a licensed physician.
- B. **First Aid:** A fully trained first aid person will be available in camp 24 hours a day. Arrangements have also been made at a clinic in Annandale and the hospital in St. Cloud. **All** injuries (no matter how small) **must** be reported to the camp staff because proper records and treatments must be assured, Webelos Camp does not advise the use of personal “first aid kits”. If you wish to bring your own first aid kit (even if this merely includes band-aids), we ask that you use it sparingly. All injuries are to be treated and recorded by the first aid staff. Campers with severe allergies or medical conditions (asthma, bee sting allergies, etc.) are permitted to carry inhalers or epi-pens at all times. All persons with these types of life-threatening conditions must notify the camp first-aider at check-in as well as note the condition on their health history form.
- C. **Emergency Plans:** Emergency plans have been developed to handle situations that may arise at camp. Details concerning these plans will be made available at camp. The camp staff are well trained in dealing with emergencies.
- D. **Campsite Inspections:** Campsites will be inspected daily to encourage high standards of safety, cleanliness, health, sanitation and pride as individuals and a group.

**E. Personal Vehicles in Camp:** Personal vehicles are driven to the main lodge where all personal gear is carried a short distance to your campsite. Once personal gear is unloaded your vehicle is to be moved to another location (at considerable distance from the main lodge) and all further in-camp travel will be done strictly on foot. When operating personal vehicles please abide by the 10 M.P.H. camp speed limit and please do **not** transport Scouts outside the passenger cab of the vehicle, e.g. in the bed of a pick-up). Your cooperation is necessary for safe camp operation! Bicycles are permitted for staff only. Campers with special mobility concerns can arrange solutions with the camp director.

**F. Waterfront and Range Safety:** Webelos Camp is committed to assuring the highest standards of safety in all facets of the camp program, particularly at the beach, B.B. gun and archery range. The beach and ranges are supervised by BSA trained staff that will NOT compromise Webelos Camp and National BSA policies for assuring the health and safety of all campers. **ALL** Scouts and **ALL** leaders will learn proper safety procedures and will be required to abide by them. Once familiar, adult leaders are expected to assist the staff in assuring that safety policies and procedures are upheld.

**G. Youth Protection:** Webelos Camp is committed to the highest standards of youth protection. Upon arrival at camp all leaders will be informed of the Webelos Camp, Viking Council and National policies of youth protection that will be upheld at camp. If a Scout will be leaving camp before the end of the session with someone other than a parent, legal guardian, or approved den/pack leader; written permission from the parent/guardian **MUST** be provided at check-in in order to have the Scout released to another adult.

### FIRST DAY AT CAMP

**Your knowledge of the following will help make your arrival at camp go smoothly:**

**Transportation:** You are responsible for your own transportation to and from camp. Car-pooling is highly recommended. Please arrange to have the den meet at a location in town and travel as a group so that all arrive at camp together. Your den's activities cannot begin until you are all at camp.

**Arrival:** Check-in is between noon and 1 p.m. Please do NOT arrive prior to noon. The first meal at camp will be the evening of your check-in day, so eat lunch **before** you arrive.



**Check-in:** upon arrival a staff member who will direct you to check-in will greet you. During check-in you will:

- verify the number of Scouts and adult leaders attending camp,
- make reservations and turn in money for guests attending the closing Family Night program,
- be provided with some introductory information to help you organize your first few hours in camp,
- turn in the form and money for your den pictures.
- verify that all Scouts and adult leaders have turned in a proper medical form and conduct a brief health check,
- have your immediate questions and concerns answered.

**Den Pictures:** Your den and leaders will have a picture taken when checking in. Units can purchase a camp picture for a small price. It is recommended that units arrive in uniform, (it looks nice on the picture)!

**Unloading:** After check-in, a staff member will help the den unload personal gear and move into a campsite. Guests are welcome to visit the campsite and camp facilities. After unloading, leaders will be asked to move their vehicles to a central parking area.

**Setting Up Camp:** An important part of the Webelos Camp program involves setting up, caring for, and properly leaving a campsite. When you arrive at your campsite a camp kitchen will be set up, as well as one tent containing all the tents and sleeping mats that your den will need. Your den will receive a brief demonstration on how to set up a tent and arrange a campsite. After the demonstration, units are encouraged to thoughtfully set up *their* campsite.

**Orientations:** After moving into your campsite, change into bathing suits and report to the main lodge for orientations. All units will receive a brief orientation to the B.B. gun range, archery range and the beach. During the beach orientation all Scouts will participate in a swim qualification. Adult leaders expecting to use the beach facilities must also participate in swim qualifications. (Note: Depending on what time you check in, you may need to go to orientation immediately after unloading personal gear into your campsite - if this is the case, don't worry! (There will be PLENTY of time after supper to finish moving in!

**Dinner:** After orientations and swim qualifications the commissary will issue the food for your first meal. Each densite will pick up their food at the commissary (located at the main lodge) and will prepare and eat the food in their densite. After dinner there will be time to finish settling into your campsite.

**Evening Program:** The evening program will consist of:

- A 7:30 assembly.
- Immediately following the assembly, Scouts will play a wide game while the leaders attend a leaders' meeting. Leaders are asked to attend the meeting while all camp staff supervises the activities of the Scouts. The leaders meeting will provide valuable information and questions/concerns will be addressed.
- A camp-wide opening campfire.